

# PRINCETON CLUB SPORTS PERFORMANCE

1X PER WEEK -- \$272

MINIS -- 7-10 YEARS

2X PER WEEK -- \$512

JUNIORS -- 11-14 YEARS

3X PER WEEK -- \$800

ADVANCED -- 15-18 YEARS

4X PER WEEK -- \$804

ELITE -- COLLEGE/19+



|         | Monday             | Tuesday               | Wednesday                           | Thursday              | Friday | Saturday |
|---------|--------------------|-----------------------|-------------------------------------|-----------------------|--------|----------|
| 1000 EA |                    |                       | ADVANCED WITH JOTTIE                |                       |        |          |
| 900 EA  |                    |                       | ADULT STRENGTH & SPEED WITH PERILLA |                       |        |          |
| 800 EA  |                    |                       | KICK BOX, GOLF ONLY WITH PERILLA    |                       |        |          |
| 700 EA  |                    | ADVANCED WITH PERILLA |                                     | ADVANCED WITH PERILLA |        |          |
| 600 EA  |                    | JUNIORS WITH PERILLA  |                                     | JUNIORS WITH PERILLA  |        |          |
| 500 EA  |                    | ELITE WITH PERILLA    | MINIS WITH PERILLA                  | ELITE WITH PERILLA    |        |          |
| 400 EA  | JUNIORS WITH NOAH  |                       | JUNIORS WITH NOAH                   |                       |        |          |
| 300 EA  | ADVANCED WITH NOAH |                       | ADVANCED WITH NOAH                  |                       |        |          |

8 WEEK PROGRAM RUNS FROM JUNE 14TH - AUGUST 5TH      ESTABLISHED 2002 AND GROWING



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PRINCETON CLUB SPORTS PERFORMANCE



SCAN ME